



## NAUTILUS SPA

A visit to Nautilus Spa at Coco Palm Resort is a total sensory experience.

Our all-natural treatments draw on the ancient health and beauty traditions of Asia, from cultures that celebrate beauty and refinement and honour nature's precious gifts. The exotic aromas of spices and pure essential oils, and the gentle sound of soothing music, will bathe your senses and lull you into a state of relaxed bliss. An unforgettable experience awaits you.

If you wish to take the feeling home,  
visit our Boutique to view the beautiful range of spa products and accessories.

### BALINESE MASSAGE

*50 minutes*

Traditional massage techniques - combining stretching, long strokes, skin rolling and palm and thumb pressure - for overall relaxation and absolute enjoyment.

### NAUTILUS MASSAGE

*50 minutes*

Our signature treatment, performed by two therapists working together, is a unique blend of five different massage styles - Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese.

### REFLEXOLOGY

*50 minutes*

As blissful as it is beneficial. Massage of the feet's reflex points can improve your health by restoring the natural flow of body energy.

### TRADITIONAL ASIAN FACIAL

*50 minutes*

This gentle facial uses traditional Asian beauty recipes - handmade with fresh, all-natural ingredients - to cleanse, refine, restore and hydrate your skin.

### AROMATHERAPY FACIAL

*50 minutes*

Using 100% pure essential oils, this uplifting facial will rejuvenate and nourish your skin, calm your mind and awaken your senses.

### SPA SAMPLER

*80 minutes*

Experience more of the pleasure with this combination of Balinese Massage and Refresher Facial.

### HARMONY

*120 minutes*

Aromatherapy Footbath ~ Lavender Body Wash ~ Choice of Body Scrub ~ Choice of Balinese Massage or Traditional Asian Facial.

### THE ULTIMATE INDULGENCE

*150 minutes*

Aromatherapy Footbath ~ Lavender Body Wash ~ Choice of Body Scrub ~ Soothing Aroma Bath ~ Balinese Massage ~ Choice of Refresher Facial or Foot Massage.

### SPA MANICURE ~ SPA PEDICURE

*50 minutes*

The classic salon treatment, with massage of hands and feet or arms and lower legs.

Please arrive 15 minutes before your spa treatment is scheduled to begin. To avoid charges, please honour our 6-hour advance notice cancellation policy. All prices are quoted in US dollars and are subject to change.

☎ 165 for reservations  
Open 10.00 am to 8.00 pm